



**Warren County**  
Educational Service Center

# Mental Health Services ESC Program Support

## Mission Statement

*The Mental Health Team provides comprehensive support systems to our programs, districts and within the community that promote education and awareness of mental health. By working on interdisciplinary teams and within a PBIS framework, mental health staff seek to find effective evidence-based practices that are applicable to our diverse student population.*



## Mental Health Supervisor

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**The ESC Program Support** mental health staff support programs at the Warren County ESC in order to ensure all students within programs have access to mental health. This includes the following programs: John K. Lazares Alternative School, Learning Centers, Wellness Center and Social Communications.

## Overview of Services

- Therapeutic Check Ins: As part of the PBIS model, completing check ins with students that are therapeutic in nature to address mental health concerns in the present moment
- Diagnostic Assessments: Working through the assessment allows information to be given by parents, caseworkers and support staff regarding needs of the student
- Treatment Planning: Working with the student, the mental health team develops a treatment plan and creates mental health goals for each student
- Individual, Family and Group Therapy: Provided based on the needs in the treatment plan

## Treatment Methods

- DBT: Dialectical behavioral therapy
- Bounce Back and CBITS (Cognitive Behavioral Intervention for Trauma in Schools)
- Circle Forward and Restorative Circles
- Character Strengths
- THRIVE Groups (Tools and Habits for Resiliency; Inspiring Victories Everyday)
- SPARK Groups (Supportive, Proud, Adaptable, Resilient and Kind)

## Accreditations

